

# Our Saviour's Voice

[www.thechurchofoursaviour.org](http://www.thechurchofoursaviour.org)

## Lord Have Mercy!

Bioethicist and historian, Jacob Appel, wrote an article about the decline of mercy in American public life, in which he notes:

*One of the glaring -- yet too often overlooked -- failings of contemporary America is that we have become a nation obsessed with justice and retribution.... We have come to believe, in the most pernicious way, that people should get what they deserve. What a sea change it might be in our public discourse and our civic life if we focused instead upon mercy and forgiveness. A merciful and forgiving culture might find itself with less anger, less social disruption, and even less crime.*

*(What I want for Christmas: Mass Clemency, December, 2009)*

Appel's observations are made contextually in connection with the current prison system. Whether or not we agree with his position concerning retributive justice, his point about striving to become a society that more fully reflects the divine characteristics of mercy and forgiveness is well taken. Biblically, several texts give us clues about God's mercy, and about how we are called to exercise mercy in our own lives. Most notable is Jesus' comment on the blessing of mercy from Matthew 5:7, "Blessed are the merciful, for they will receive mercy." In responding to the outraged Judean leaders as Jesus accepts a dinner invitation from Matthew, the tax collector, he reminds them (and us), about mercy by quoting the prophet Hosea 6:6, saying, "Go and learn what this means, 'I desire mercy, not sacrifice.' For I have come to call not the righteous but sinners" (Matthew 9:13).

Living faithfully means that we too have to go and learn what it means to be merciful, according to God's good gifts. For many of us, we can show mercy through our generous giving to those who are less fortunate than ourselves. November marks the season of thanksgiving. Our grateful response to God's love and the gift of Jesus Christ is reflected in our own gifts of mercy. Showing compassion, otherwise known as love in action, is needed more than ever. Many of our neighbors live alone, or are estranged from God and family. Staying in touch with loved ones and neighbors, caring for others in simple and practical ways, are all gifts of mercy.

In Shakespeare's *Merchant of Venice*, we have a poetic look at the blessing of embodying the divine quality of mercy. Portia says to Shylock, "The quality of mercy is not strained. It droppeth as the gentle rain from heaven upon the place beneath. It is twice blest: it blesseth him that gives and him that takes. 'Tis mightiest in the mightiest; it becomes the throned monarch better than his crown. His scepter shows the force of temporal power, the attribute to awe and majesty, wherein doth sit the dread and fear of kings. But mercy is above this sceptered sway; it is enthroned in the hearts of kings; it is an attribute of God himself; and earthly power doth then show like God's when mercy seasons justice." If, like Shylock, all we want is to make sure that others get what they deserve, then we miss out on the double blessings of mercy. We cannot forget that if God chose to give each of *us* exactly what we deserve, based on our thoughts and actions most of the time, we would be in deep trouble! The good news is that God is not "fair" in that sense, God is merciful. Mercy is truly a gift worth praying for, a gift worth sharing, and a gift of God's love. Lord, have mercy!

# **Your Gift Giving CAN make a WORLD of Difference**

**This year why not  
buy beautiful  
crafts,  
jewelry,  
and  
other  
gifts  
that  
support  
artisans  
from around  
the world and  
fair trade labor  
practices?**



**GIFT FAIR OPEN**

**November 20th:**

**9am to Noon**

**AND**

**November 21st:**

**9-10am & 11am-Noon**

**At The Church of Our Saviour,  
5147 Show Low Lake Road, Lakeside  
Practicing God's Graciousness**

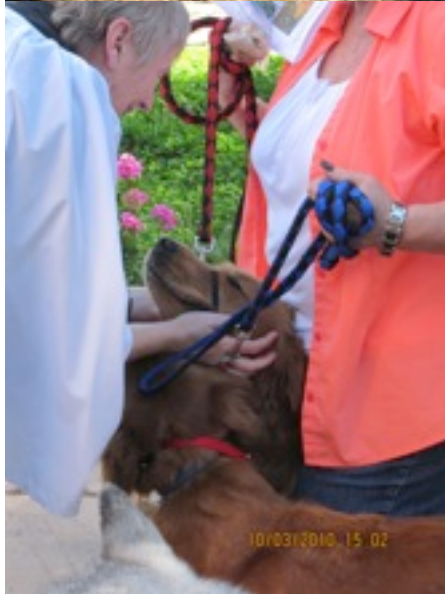
### THE BISHOP VISITS



**THE BISHOP VISITS (CONT.)**



# THE BLESSING OF THE ANIMALS





**THE BLESSING OF THE ANIMALS**



## Thanksgiving!

(from [www.livingthegoodnews.com](http://www.livingthegoodnews.com))

Both the United States and Canada celebrate the agricultural harvest and other blessings of our life with an annual feast day in the fall. These feast days are not only festive celebrations, but also a time to recall our responsibilities as stewards.

Although regional variations of dates and observances arose in later years, George Washington declared the first national day of Thanksgiving in 1789. In 1939 Congress fixed the date of Thanksgiving in the United States as the fourth Thursday in November. Canada celebrated its first national Thanksgiving in 1879, and now observes the day on the second Monday of each October. Thanksgiving was the first holiday celebrated by the Puritan settlers of Massachusetts. The winter of 1620 had devastated the Puritans' colony with famine and disease. Help from the Native Americans and a good growing season resulted in a generous harvest in 1621, an event the colony celebrated by proclaiming a public day of thanksgiving. The three-day celebration, held after the harvest, combined two aspects of similar celebrations from England and Europe, a harvest festival and a public thanksgiving for a specific occasion of deliverance.

Harvest festivals, of course, are found in agricultural communities across the globe and throughout history. Three Jewish festivals—Passover, Pentecost and Tabernacles—had connections to agricultural events. The first occurred at the time of new births in the animal flocks; the second at the harvest of grain; and the third at the time of new wine. Many different harvest festivals were celebrated by the medieval Church. One such day was Lammas Day in England, which commemorated the harvest of grain with

church services and feasting. Though the Puritan settlers did not retain Lammas Day or similar feasts, their celebration of 1621 did retain such harvest festival traditions as prayer, feasting and games. Even our contemporary celebration of Thanksgiving includes these traditions.

The second aspect of Thanksgiving—gratitude for a specific event—is also widespread in human experience. Indeed, such thanksgivings have given rise to the characteristic liturgies of both Judaism and Christianity, as in the Passover Seder and the Christian Eucharist. Throughout the middle ages, days of special thanksgiving were held to praise God for deliverance from famine, plague or war. This tradition was preserved by the Puritan settlers and put to its first use in the autumn of 1621.

Today we celebrate the feast as Christians living in a particular country. This awareness should evoke a sense of stewardship in our celebration of Thanksgiving. We give thanks to God for all our blessings—especially blessings of food and citizenship in our country—realizing that such blessings demand responsible use of every resource to do God's will. Remembrance, gratitude and stewardship—let these be the hallmarks of our feast, the hallmarks of our lives in Jesus Christ. Thank you, Lord!

*“Thanksgiving belongs to prayer. Thanksgiving is a true inward acknowledgement, we applying ourselves with great reverence and loving fear with all our powers to the work that God moved us to, rejoicing and giving thanks inwardly. And so the power of the Lord's word enters the soul and enlivens the heart and makes us rejoice in the Lord. This is the most loving thanksgiving in God's sight.”*

—Julian of Norwich

## FAITH WORKS – OUR PARTNER

### IN MINISTRY

Faith Works is again this year hosting a mission trip to Leupp to serve the families on the reservation. Last year 11 adults from our congregation worked a full day doing a variety of activities; construction, refurbishing, painting, and wrapping packages for the nearly 200 children.

We have that same opportunity this year. The date for the work day is December 4, starting at 8:00 A.M. at the church, west of Leupp. See Jerry Howell for details.

One way for all of us to be of assistance is by donating a \$10.00 gift about the size of a shoe box labeled for age 3 through 16 and indicating if it is for a male or female. Additionally, donations may be given toward purchasing gifts for the children. Make your checks payable to COS with Faith Works in the memo line.

Additional monies will be used in a prudent manner to support the outreach of Faith Works. Please consider this COS outreach program and offer assistance as you can. Jerry's phone is 928-242-7979

## CHURCH OF OUR SAVIOUR COLUMBARIUM

Our parish is most fortunate to have a Columbarium located in our church. It was commissioned in 1987 and has continued over the years to provide a choice of burial methods for our members and families.

There are currently 64 niches in place with 12 niches available for purchase.

Should you have any questions regarding the Columbarium or would like information, please contact Vicki Howell. Members of the Columbarium Committee are Vicki Howell, Carol Justice, Deborah Velasquez and Lois Nansen.

## FRIENDS OF CASA

Navajo County Friends of CASA, Inc. wishes to thank the ten COS members who supported our annual fund raiser at Torreon Country Club on September 17, 2010. One hundred and four golfers and 66 people attended the dinner following the golf scramble. The dinner events included Silent, Live and Dessert Auctions and Raffles. The fantastic news is we netted \$19,158.55. This amount was in our target range to provide individual grants for dependent children in northeastern Arizona. In addition, back to school clothing and winter jackets, public education on child welfare issues, June Family Fun Day at Fool Hollow Lake, Christmas party at Show Low's Nikolaus Homestead Elementary School, scholarships to camps and Junior Leadership Academy, beds, car safety seats, eyeglasses, and psychological evaluations for children not covered by Medicaid are among things funded by our golf event. Many of the aforementioned are no longer in the Arizona budget. The community's generosity makes it possible to cover some the of the unmet needs of abused and/or neglected children.

Please let me know if you would be interested in joining Navajo County Friends of CASA, Inc. or simply helping with our activities.

Sherry Herring

## CHRISTMAS IS COMING!!!

This year we will have Christmas Day worship at 10 a.m. on December 25<sup>th</sup>, followed by fellowship and Christmas dinner in Polycarp Hall. We will dine about noon with dinner and all the trimmings! There will be a sign up for those who wish to attend; singles, couples, family and visitors, as well as a sign up to indicate what you would like to share. Additional information will be forthcoming. A fun and festive Christmas is promised!!

## UPCOMING EVENT AT COS!

We are looking forward to our pre-Thanksgiving soup supper on **Wednesday, November 24<sup>th</sup> at 4 p.m.** Bring all your family and friends to share this evening of Holy Communion and fellowship before Thanksgiving Day!



### ANGEL TREE 2010.

This year's Angel Tree gift tags will be available on Sunday, November 21<sup>st</sup> with the gifts to be returned by December 5<sup>th</sup>. Our Angel Tree Party will be held on December 11<sup>th</sup>. This is a marvelous opportunity to show Christ's love to the children and families of prisoners, and a whole lot of fun as well! Donations for Angel Tree to help us purchase food boxes for the families are also welcome. Please make your check payable to COS with Angel Tree in the memo line.

*Marty & Ron LaMar*



It's annual renewal time!

Our records indicate that as of September 2nd, Church Of Our Saviour still has 54 supporters who need to renew their loyalty to Safeway. That's 81% of our 67 families!

In order to have uninterrupted contributions from your family's Safeway Club Card purchases they need to be renewed by November 1<sup>st</sup>.

Simply go to [escrip.com](http://escrip.com) and renew. It will help our little church in the mountains to stay healthy.

## BREAD OF LIFE MISSION

Cherise Merick will join us on **Sunday, November 7<sup>th</sup> at 9 a.m.** to share a presentation on the work of Bread of Life Mission in Holbrook. We continue to support this vital area ministry through your generous donations of toiletries, kitchen rolls, bathroom tissue, underwear, etc. The donation box is in Polycarp Hall.

## HEALTH KITS

Help us to send another batch of health kits this year. We will continue to collect sturdy combs, metal nail files or clippers with a file attached, as well as dark colored hand towels, and toothbrushes through October. Thank you for sharing blessings.

Carol Anton, RN, Parish Nurse

## MILLENNIUM DEVELOPMENT GOALS

On **December 27<sup>th</sup>** Barbara and Joe Stone will return to Cameroon with Pastor Carol Hosler to work with Women, Environment and Health (WEH). Their primary efforts will be with health clinics in small rural villages, food and mosquito net distribution, and village health education. They need analgesics, vitamins, nausea and diarrhea products, first aid and school supplies, and cash to buy antibiotics and anti-worming agents from the national wholesale pharmaceutical distributor in Cameroon. Your donations to WEH are tax deductible. If you would like more information, please contact Barbara or Joe. Thank you!

## THE NURSE'S CORNER

### **A New Health Crisis--Metabolic Syndrome.**

A cluster of factors affecting 1/3 of us and raising a red flag for the need for intervention to control risk.

Left unchecked early disease and deaths from both cardiovascular disease and diabetes occur.

Cause--still debatable.

Symptoms—

- central obesity, shown by extra tummy fat and an enlarged waist circumference. (waist over 40" in men and 35" in women)
- hypertension, More than 130 systolic or 85 diastolic.
- high blood triglycerides, more than 150 mg/dl or on medication to control it.
- high blood sugar, over 100 mg/dl fasting, or on medication to control it.
- reduced good cholesterol, less than 40 mg/dl HDL in men, less than 50 in women (or on medication to manage this condition)

Having 3 of the 5 symptoms is presently considered diagnostic for metabolic syndrome and requires close monitoring and treatment by your medical provider. Any symptom is a warning to better manage your health through weight control, increased physical activity, and dietary modifications.

You can manage and prevent progression of this dangerous disorder.

### **A rarer but aggressive type of breast cancer--IBC--No lumps!**

Affecting both men and woman, inflammatory breast cancer, IBC, occurs in less than 5% of breast cancers, but is less likely to be diagnosed early and therefore is harder to treat.

Symptoms--redness and edema of the breast that occurs suddenly, NO FEVER.

- a warm breast and /or the appearance of tissue like the skin of a naval orange.
- flat or inverted nipples with changes in the color and texture of the area around the nipple
- breast pain, fullness, or itching
- lumps in the neck or under the arm.
- rash or redness in small patches or over the entire breast.
- skin thickening or ridges in the breast.

Don't wait. Notify your health provider right away if you note any of these symptoms and insist on a workup to rule out IBC. If your health provider believes the symptoms are due to an infection and you are placed on an antibiotic, after a week without improvement you should request a biopsy for safety.

## THE NURSE'S CORNER (Continued)

### FLU prevention

Get immunized.

Avoid close contact with people who have respiratory symptoms such as coughing.

Stay home when you are sick.

Wash hand often. Use the sanitizer in church when you come to prevent bringing germs to ;your church family, and use it again when you leave to prevent bringing germs home.

Avoid touching your eyes, nose, or mouth because this is how germs get in the body

Practice healthy habits, get enough sleep, be active, eat healthy, and drink enough fluids.



Articles based on those from *Nursing* 2010, 9/10--Health and blessing, Carol

## TRICK OR TREAT SO OTHERS CAN EAT

The Butterfly Boutique is collecting non-perishable food items on Saturday, October 30<sup>th</sup> from 4:30pm-8pm. They will be used in the food pantry program for our hungry neighbors. For more information call 928-537-4327.

### HELP PLEASE

Several members of the parish work full time or part time at Whiteriver Elementary School on the reservation. Their budget has run dry and they desperately need donations of Kleenex and paper towels. If you can help, please place your donation in the box next to the door in Polycarp Hall. Thank you for your generosity!

## SUPPORTING OUR TROOPS

Thanks to all your wonderful contributions of home baked cookies, purchased cookies & candy, as well as cash. Keep up the great work and keep them cookies rolling!!

### 2011 PLEDGE CARDS

If you have not yet completed your pledge card for 2011, it is not too late. Please remember that your prayerful pledge to God's work in this community is a fundamental aspect of your relationship with God. Your pledge card can be dropped off in the office, or mailed to COS at 5147 Show Low Lake Rd, Lakeside, AZ 85929. Thank you for your generosity.

## VOLUNTEER OPPORTUNITY FOR SAFE HOUSE

Safe House are looking for men and women who can move and sort donations (lifting required) to be delivered to The Butterfly Boutique. A truck will be available Mondays from 10am to 3pm or volunteers are welcome on other days/times. Please call Mary Rose Paterson at Safe House on 938-367-6017 for more information and to volunteer.

## PAKISTAN/HAITI RELIEF

There are many relief agencies working to help the people of Haiti and Pakistan. If you would like to check out a highly rated charity, please go to [www.charitynavigator.org](http://www.charitynavigator.org). If you would like Church of Our Saviour to forward your donation to Episcopal Relief and Development, which is doing a great job in these areas please write "Pakistan" or "Haiti" in the memo line of your check.

## THE SPIRIT OF THE DESERT RETREAT CENTER

is the local Lutheran retreat center in the valley and has great program offerings. Some coming up soon are listed here.

### **Tending to Mission in Anxious Times**

#### **A Workshop for Lay Leaders, Clergy, and Church Staff**

**November 7-9, 2010**

Begins Sunday at 6 p.m. with dinner and ends with lunch on Tuesday

**Dr. Peter Steinke**, nationally known church consultant, will introduce his new book, *A Door Set Open* and DVD's about the challenge of change, family emotional process as it applies to congregations, the mission of the church and the ways a parish can make a difference in the world.

Dr. Steinke has worked diligently for many years to help congregations deal with conflict and change, and move toward greater health. Previous books include, *How Your Church Family Works: Understanding Congregations as Emotional Systems*; *Healthy Congregations: A Systems Approach*; & *Congregational Leadership in Anxious Times: Being Calm and Courageous No Matter What*. A local pastor who attended a workshop on the last book mentioned, says, "Dr. Steinke was extremely helpful in terms of assisting us in understanding both the positive and negative dynamics in our congregation, and how we as leaders need to be less anxious than the people we serve. My lay leaders said it was the finest workshop of this type that they had ever attended." Combining over 20 years of working ecumenically with scores of congregations in conflict and change, Dr. Steinke offers new insights for clergy and lay leaders, especially in light of the great anxiety present in the church today. This event will fill up quickly so register soon!

**Total Cost:** \$185 Includes all meals and workshop materials.

**Registration: Call 480.488.5218. Payment in full when registering**

**Lodging:** \$85+tax per/night-dbl occupancy (\$42.50 per/person per/night) -or- \$65+tax per/person for single occupancy. If you are lodging with us, full payment for lodging must be received with registration deposit.

Offerings continued on the next page...

## THE SPIRIT OF THE DESERT RETREAT CENTER

### Traveling to Bethlehem with Matthew, with Dr. David Lose

November 11, 2010 9:00 a.m. to 4:00 p.m.

A sought after speaker, preacher and Bible teacher, Spirit in the Desert is pleased to announce **Dr. David Lose** as this year's Advent Text Study leader! Dr. Lose is the author of Making Sense of Scripture, Making Sense of the Christian Faith (new in Sept 2010!) and Confessing Jesus Christ: Preaching in a Postmodern World. He is the Director of Center for Biblical Preaching at Luther Seminary, host of Sermon Brainwave and the creator of [WorkingPreacher.org](http://WorkingPreacher.org).

Make this Advent Text study a Unique Journey with David Lose! Every year we share the timeless story of Jesus' birth, beginning with Advent then into Christmas and Epiphany. Is there anything new that we can use to deepen our focus and spiritual journey during this season? Come to "Traveling to Bethlehem with Matthew" by Dr. David Lose and you will leave with a hearty yes! to that question! Dr. Lose will take you on a journey through the Gospel of Matthew and give you new insight and inspiration. Registration Cost: \$40 p/person, includes lunch (Must be paid in full upon registration) To register call 480.488.5218.

Information on the following events can be found at: [www.spiritinthedesert.org/event](http://www.spiritinthedesert.org/event)

**Hope, Relationships & Renewed Living:** A Biblical Perspective for Women

January 23-25, 2011

**Dependable Strengths: Discover Your Call,** January 25-27, 2011 8:00 a.m. - 4:30 p.m

**Lenten Text Study,** January 27, 2011 9:00a.m. to 4:00p.m.

### Lutherhostel 2011

Week One: March 6-11, "**The Promise of Sabbath & Jubilee**"

Exploring the Scriptures Together with Diane Jacobson

Week Two: March 13-18, "**Interruptions that Shape Our Lives**"

with Herb Chilstrom, former ELCA Bishop and his wife, Corinne Chilstrom, pastor and author

**Christianity in Dialogue with Islam & Other Faith Traditions**

March 29, 2011 10:00 a.m. to 4:00 p.m.

### Advent Text Study

November 10, 2011 9:00 a.m. to 4:00 p.m.

## Parish Leadership

### Vestry

Dick Hileman  
 Jerry Nansen  
 Judy Peterson  
 Sandra Rasmussen  
 Brenda Roubal  
 Heather Steiner

Vestry clerk -Judy Peterson  
 Senior Warden - Sharon Dalrymple  
 Junior Warden - Jerry Nansen

Altar Guild	Lauren Novy
Budget & Finance	Pastor Susan
Choir	Kathy Degler
Columbarium Board	Vicki Howell
Hospitality Hour	Electra Brooks
Librarian	Joey Nelson
Newsletter	Ron & Marty LaMar
Organist	Juanita Simpson
Service Coord.	Lynda Klingler
Treasurer	Sharon Dalrymple
Asst. Treasurer	Trish Shaffery
Webmaster	Joe Stone

### Ministry Team Leaders

Children's and Youth Ministry	
Youth Representative	TBA
Christian Formation & Community	
Outreach	Pastor Susan
Office	Karen Utt
Pastoral Care	Marty & Ron LaMar
Welcoming	Heather Steiner
Worship Leader Coord.	Lynda Klingler



### November Birthdays

4	Jo Jo Spencier
6	Mary Lou Strong
8	Robert Riall
8	Pat Huston
9	Barbara Gregory
9	Ayden Lunt
12	Dolly Greer
12	Don Turney
20	Bill White
22	Joe O'Brien
24	Aimee Cook
24	Ron LaMar
25	Irene Hinman



### November Anniversaries

12	Morely & Beth Bradford
22	Keith & Carol Justice

## **The Gift Fair is Coming!**

The 3<sup>rd</sup> annual gift fair will be held at COS on **November 20<sup>th</sup> from 9am to Noon, and November 21<sup>st</sup> from 9-10am and 11am-Noon.** Check out the poster in this edition of the newsletter.

**We will need help!** Please contact Carol Anton @ 928-536-5448 or Steve Wilmot @ 512-809-6315 if you are willing to set up, take money, or generally help out at one of the tables. There is a sign-up sheet in Polycarp hall.

We will be sharing God's love by accepting financial gifts for several local and international organizations including FaithWorks, Lutheran World Relief, Episcopal Relief & Development, W.E.H., Angel Tree, Bread of Life Mission, and the Love Kitchen. We are also offering beautiful and life-giving gifts from Heifer International, SERRV, and African Team Ministries. **All your gift giving this year can make a world of difference!** Please support the Gift Fair.

## **Supporting Our -Troops – Supplemental**

Thanks to all your wonderful support during the year it has been possible to mail 149 boxes to Iraq, 98% of which have been to the main military hospital for the wounded where the need is greatest. This amounts to almost one TON of food and almost \$1,900 in postage. The home made cookies, cakes and candy always make a hit, not only for the quality of the items but also for the underlying love which helps bring home so much closer for the wounded during their darkest days. Some of the food items are shared with the nurses and doctors who carry out such wonderful work with the wounded doing everything within their power to help speed them on the road to recovery.

With Thanksgiving and Christmas so close it is now time to plan major efforts for each holiday. We plan to send AT LEAST 10 boxes to the hospital for each of the holidays. The final number will depend on just how much home baking we are all able to achieve. Let us all do everything possible to bring home that much closer for them all with an abundance of great cookies etc. Extra transit time must be allowed near the holidays and we suggest mailing dates no later than November 16<sup>th</sup> and December 7<sup>th</sup>.

Bless you all for everything that you have done. We shall not forget their efforts. We are all aware, from letters from the Chaplain and staff, just how much your gifts of love are appreciated. Again, thank you, one and all keep up the wonderful work.

*Peter & Mary Jane Bish*

**Church of Our Saviour  
5147 Show Low Lake Road  
Lakeside Arizona 85929**

**NON-PROFIT  
U.S. POSTAGE PAID  
SHOW LOW, ARIZONA  
PERMIT #14**

**FORWARDING SERVICE REQUESTED**

### Book of Timothy



“Like the boy scouts, Preacher, always prepared.”