



Our Saviour's Voice

www.thechurchofoursaviour.org

Light & Life

One of my all time favorite psalms is Psalm 139. Part of the psalm speaks of the mystery of our life as a gift of God's grace, out of darkness into light. It reads:

"Darkness is not dark to you; the night is as bright as the day;
darkness and light to you are both alike.
For you yourself created my inmost parts; you knit me together in my mother's womb.
I will thank you because I am marvelously made; your works are wonderful,
and I know it well." (Psalm 139:11-13)

January marks the time of year when we are celebrating both the mystery of Christ's birth, the Word made flesh, and the revelation of Christ Jesus as our Light and Life. Our own lives are often marked with new beginnings at this time. There are plenty of parties marking the New Year, and lots of New Year's resolutions. The latter will often have to do with caring for our physical bodies which are so "marvelously made" in God's image. We all know how hard it can be to establish new eating patterns or exercise habits, to quit smoking, or to grow in our spiritual practices. We start the year full of good intentions, and that is vital to our physical and spiritual health and well-being. What we sometimes forget is that persistence and patience are also important to our ability to stick with it.

There is a good, and therefore Godly reason, why Jesus came into the world as a baby. Jesus first had to experience all aspects of human life in a quiet and ordinary home, in an out of the way village. Jesus had to patiently learn and grow before He could fully enter into His mission. There are no short cuts to getting fit and healthy in body, mind or spirit! Jesus had to grow up in God's good time in order to be prepared to fulfill God's purpose for His life on earth, and ultimately the life of the world, through the hope of His glorious resurrection. None of us can run before we've learned to walk! Nevertheless, watch any baby as they're learning to walk, and right there before our eyes is the miracle of persistence. They fall, and bump into things. There are tears and laughter. Then they get up and try again, until they've mastered those first steps that grow into even greater freedom! Our spiritual lives follow a similar pattern. We have to patiently and persistently stick with it. Eventually, by God's grace we are blessed with new understanding and a richer faith.

The joy of getting to know our children and grandchildren holds great significance for us and brings a sense of new birth and hope for the future into our own lives. The joy of living out our ministries and mission, and God's purpose for our lives in a community of faith is like being surrounded and supported by family. We are here to encourage one another, to keep each other accountable for our goals, and to keep our hearts open to the movement and guidance of the Holy Spirit. We will find new life as we work together to fulfill God's purposes for expanding His gracious and loving kingdom. We will bring a bright new light of hope and love, as we reach out to all those whom God is preparing to join us from the broader community, and welcome them as Christ welcomes us.

Just like Mary, the mother of Christ, we must ponder in our hearts the truth of blessing of Christ's constant coming into the world, into our lives, and into our community. Just like Mary, we trust and believe in God's steadfast promise and faithfulness. "Nothing will be impossible with God." God in Christ Jesus *is* our Light and our Life! A blessed New Year to all!

Susan⁺

Parish Nurse Corner

A healthy happy New Year to all!

Hear are some safety and healthy tidbits to ponder for the New Year.

This is a good time to clean out the medicine cabinet—yes it may seem like throwing money away but drugs over a year old may be ineffective or too concentrated—don't take chances. Make an up to date list of your medicines to carry with you—include those prescribed by medical professionals and those you buy without a prescription. When new drugs are being added to your regimen pull out your list and make sure your prescriber takes a look at it to prevent duplication and/or interactions. When you pick up your medicine at the pharmacy review the side effects that may occur with foods or beverages that need to be avoided and any special rules for storage. Pharmacists are specialists and can answer most questions about drug use and safety. (From: National Institute on Aging)

The cold weather isn't over! Here are some ideas from the CDC to prevent cold-related health problems:

- Eating well-balanced meals will help you stay warmer.
- Avoiding alcoholic or caffeinated beverages - but drinking warm sweet beverages or broth help maintain your body temperature.
- Make trips outside brief, and if you begin to shiver don't ignore this sign that your body is losing heat.
- Work slowly because the body is already working hard just to stay warm. After a few minutes go inside, warm up, and rest. The chores can be done a little at a time.



Hypothermia or a body temperature below normal can affect the brain so that the person can't think or move as well. Hypothermia is more likely to occur when wind accompanies cold or the person gets wet in the cold.

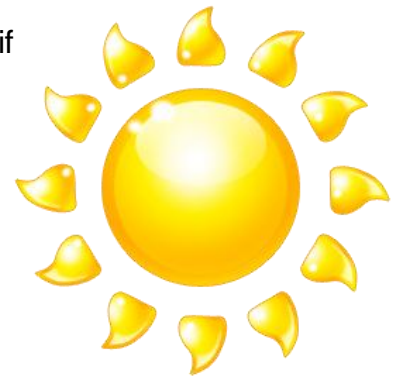
- Warning signs include shivering, confusion, memory loss, slurred speech, and drowsiness.
- Get the person in a warm room and remove any wet clothing, you may give warm beverages if they are conscious and warm them with an electric blanket or several layers of loose blankets, which should also cover the head and neck.
- Get medical attention as soon as possible if their temperature reads below 95 or their responsiveness is sluggish or absent.

Frostbite is another cold injury, which occurs more frequently in those with circulatory problems.

- Warning signs are redness or pain in the skin area, a white or grayish yellow skin area, skin that feels unusually firm, or numbness.
- First aid is to immerse the affected area in warm, not hot, water or use the body heat of an armpit to warm fingers.
- Do not massage or rub the area as this can cause more damage. Seek medical attention as soon as practical.

Vitamin D is hard to get from the sun in the winter and harder if you're chubby as fat cells have a harder time releasing the vitamin. Vitamin D is required in the absorption of calcium, and thought to be beneficial to moods, the heart and the brain. Many experts are recommending a daily intake of 1000 mg. for adults. Food sources are salmon, canned tuna, eggs, milk, almonds, and Vit. D fortified orange juice. Consider increasing these foods in the winter and/or taking a supplement until you can get 10 minutes of sun exposure on your arms and legs three times a week again!

(From: Archives of Internal Medicine and Real Age 10/11)



NUTS—NUTS—NUTS!

Especially walnuts, hazelnuts, and almonds can bring down the bad cholesterol and improve your heart health so snack away all year round! Serving size is about a fistful or 2 ounces. Enjoy! (From: Real Age 12/9/11)

~ Carol Anton, RN, Parish Nurse



The Blessing of Angel Tree 2011

With many thanks to Ron & Marty LaMar, our Angel Tree ministry team leaders, and to all the volunteers who helped make Angel Tree a magnificent success! Along with the Christmas gifts, each family also received a food box. Thank you all for your generosity and for sharing Christ's love and the Gospel message with the children of our community!





New Vestry: Your Candidates

We will be electing three new vestry members at the Annual Parish Meeting on January 29th, 2012. Our candidates in alphabetical order are:

Peter Bish. My academic qualification is Master of Arts in Mathematics at Emmanuel College Cambridge, UK. Since that time, I was employed by the British Defence Department, in a variety of positions before joining Hughes Aircraft (Tucson) in 1984, becoming a Program Manager and retiring in 1993. During those 37 years, I developed skills in program management, finance management and 10 year forward program planning. The skills learned are all extremely appropriate to those needed on vestry. I was baptized, Church of England, in 1934 at the Morden Parish Church, London, UK. After many moves, I finally settled down to retirement in Lakeside where I joined the Church of Our Saviour in 2004, becoming Treasurer in 2005, in which capacity I served for four years. I have also served on the Budget & Finance Committee, Outreach Committee and the Horizon Commission. I am extremely keen to continue using my experience as the parish moves forward into the future, the impact of increased membership, increasing the family participation together with youth members. The future has many unknowns but, with planning, it is possible to grow gracefully and protecting the investments of our parish members and many other friends.

Electra Brooks. I have previously served on the vestry and found it to be a rewarding experience. I am a great grandmother five times and I continue to work full time at the hospital in medical records. I love the work and the interaction with the very nice people with whom I share the office. I came to Our Saviour from a life long Greek Orthodox background and was immediately welcomed. It is now my home. I currently offer my gifts as coordinator for our fellowship (coffee hour) after services, and help out with other events during the year.

Janet Reynolds. I was born in the Methodist parsonage in Kents Hill, Maine in 1935. My father was a Methodist Minister. During his ministry my family lived in Maine, Arizona, Hawaii, and California. I have an M.A. degree from University of Redlands and the majority of my professional life was serving as a School Administrator for San Bernardino City Unified School District, working mainly with poor and troubled students. After moving from California to Sedona, AZ, I taught for about eight years in the School of Education at Northern Arizona University in Flagstaff. I have previously service on a Church Council and as a Moderator in other faith traditions. My great love is traveling and I have taken several groups to various parts of the world. I personally have been to all seven continents, nine times to Africa where I climbed Mt. Kilimanjaro in 1982. Among my many other adventures, I did a 21 day trek in the mountains of Nepal, flew 200 miles above the Arctic Circle and did a 10 day canoe trip down to the Arctic Circle with it raining all 10 days. My "bucket list" is almost complete other than the grand finale of climbing Mt. Fuji in Japan at age 92. Serving on Our Saviour's vestry would provide a way in which I could us my time and talents to serve my church.

Ministry of the Month: Pastoral Care

Pastoral Care at Church of Our Saviour is made up of three ministries, Lay Eucharistic Visitors, Parish Nursing and the Card Ministry.

Lay Eucharistic Visitors Ministry

Lay Eucharistic Visitors share communion with those unable to attend the church, and are sent with the bread and wine consecrated at the service. These visits are in addition to the pastoral visits by Pastor Susan. Our visitors are Carol Anton, Sharon Dalrymple, Chuck Hannan, and Ron and Marty LaMar.

We receive as much from these visits as do the recipients. As they share their thoughts and feelings with us, we experience a relationship that is deeper than many others in our lives. Ron was especially touched when a dying man shared a resume of his life, including the things of which he was not proud.

~ Marty and Ron LaMar

Parish Nurse Ministry

A Parish Nurse is a registered nurse who has completed a preparation course for this specialty. We have two in our congregation, Carol Anton and Barbara Stone. Parish nurses are numerous in the valley and ongoing educational opportunities and support groups are available to them.

Our program began early in 2008 with the development of a statement of purpose, which read in part that the health ministry would provide for the holistic needs of body, mind and spirit through health promotion, education and disease prevention. To that aim various health related workshops have been offered and monthly topics presented in the church newsletter. More than sixty blood pressures were checked in 2011 and 40% of those readings were elevated, but overall the elevated individuals are in safer ranges than in 2010.

Personal joy comes from the knowledge that my service may have prevented a heart attack or stroke here and there. When I served as parish nurse in Phoenix my most enjoyable responsibility was monthly visits to a group of shut-ins. One of the ladies always in my memory was afflicted with Alzheimer's but she would at times join me in the Lord's Prayer.

~ Carol Anton



Ministry of the Greeting Cards

I am blessed to have as one of my callings, the Ministry of Greeting Cards. It is my intention, with each card I write, to bring a sparkle of joy from our Church to the recipient of the greeting. There are many, many cards I prepare for sending out every month...Birthdays, Anniversaries, Baptisms, Sympathy, and others as requested. I have no idea how many cards have been sent out in the past 4-5 years in which I have been engaged in this silent ministry, but I would guess thousands.

This ministry is a tangible way for our Church to deliver messages of love; a hand-held greeting card sent individually to folks who might not otherwise receive such an item. Within our expansive and sometimes very impersonal world, and with rumors of the postal system completely shutting down for good in the near future, let us pray we might yet be able to deliver a very old-fashioned method of loving our Brothers and Sisters with all our hearts.

~ Blessings to You, Deborah Velasquez

Christian Sympathy is extended to the family and friends of Helen Lucy, who entered into new and everlasting life in Christ on December 18th. Our thoughts and prayers are with Helen's daughter, Lauren Novy, and Helen's son, Warren, and the whole family.

Christian Sympathy is extended to the family and friends of Beverly Anderson, who entered into the closer presence of Christ Jesus, our Lord, on December 9th. Our prayers go out to Bev's daughters, Kristi and Sheri, and son, Jim, and the whole family.



*Father of all, we pray to you for those we love,
but see no longer;
Grant them your peace;
let light perpetual shine upon them;
and, in your loving wisdom and almighty power,
work in them the good purpose of your perfect will;
through Jesus Christ our Lord. Amen. (BCP 504)*

Growing in Ministry & Mission - Support Our Troops Update

2011 has proved to be the most successful year for this Outreach Ministry in spite of the faltering economy. Since 2007, a grand total of 692 large flat rate boxes have been shipped to Iraq and Afghanistan. Thanks to your wonderful support during 2011 it has been possible to ship 302 large flat rate boxes to the Military Hospitals in Kandahar and Camp Dwyer, Afghanistan. The total shipping costs were a little over \$3,910 and over 2 tons of food were packed into the boxes. Your generosity has helped touch the lives of a great number of our wounded warriors and brought messages of love and "you are not forgotten, we remember your sacrifices".

The year's highlight was undoubtedly the September 18th visit by Chaplain Andy Sholtes, immediately following his return from his tour of duty at the Kandahar Military Hospital. His slide show and narrative told a very moving story and illustrated the extent to which their lives have been enhanced by our efforts. I was surprised to learn from him that our program is the ONLY one which is supplying the home made food and other items to the hospitals. You are all fully justified to be proud of your efforts to bring a touch of home to the wounded while they are in hospital and out of immediate touch with their families!

During the year eight "packers" have helped with the task. The local, Lakeside, post office is always delighted to see us coming!! The final shipments should all reach Kandahar in time for Christmas though a few boxes to Camp Dwyer may be slightly delayed. All told, 70 boxes were shipped in the four week span between November 22nd and December 19th. The final two shipments comprised mainly homemade cookies, brownies etc. The freezers at the Presbyterian and Episcopal Churches were used to store the homemade products prior to shipping to ensure, as much as possible, that the items were as fresh as possible when they arrived.

While this is an Episcopal Outreach Ministry, it also has the full support of the Pinetop Presbyterian Church members. In addition, members of the Tucson Police Dept Retirees, a Pennsylvania Tri County Chapter of MOPH, the Blue Ridge Leo Club, the Presbyterian Women's Group, Cub Scout Pack #63 and a host of friends around the USA (including Hawaii) have all given their full support.

To one and all, THANK YOU, without your contributions of homemade items, purchased products and cash this program could not be the success it is. Please continue the wonderful work. It is greatly appreciated by our wounded warriors. The first shipment of 2012 will probably be about January 24th, their needs are truly 24/7/52 with no let up. Just keep on baking and keep up the wonderful work for this great Ministry.

Bless you one and all.

Peter & Mary Jane Bish

Kid's Corner!

Help Them Find Their Way

Help Mary and Joseph find their way to Egypt.



Annual Parish Meeting

Our Annual Parish Meeting will be held on Sunday, January 29, 2012 after the 10am service. This is your opportunity to elect new members to Vestry, as well as delegates to Diocesan Convention. You will hear important news about our Capital Fundraising Campaign from chair, Dick Hileman, along with the Rector's "State of the Parish" report. All other ministry team reports will be available as well. The annual spaghetti lunch will be right after the meeting! Don't miss it!



Good Search & Good Shop

Thanks to everyone who uses Good Search and Good Shop with Church of Our Saviour as the beneficiary. This year we earned \$60.93! Yeah!! Please keep using these search engines and give COS the credits.

Please Excuse Our Mess!

You will notice that Polycarp Hall doesn't look quite the same any more! We have begun the work approved by Vestry to make our Hall into a more usable **and** user-friendly space. The changes will really help us to have quality fellowship time, Bible Study and Children's Chapel simultaneously with the installation of soundproof room dividers. The new look will also facilitate a broader array of programs and functions. We're moving forward, growing and changing! **Thanks for your patience** during the construction work, which should be completed early in the New Year.





The child grew in wisdom,
Lk 2:40

Jesus Grew

Jesus made his first visit to the temple when he was a little over a month old. Joseph and Mary brought him there in order to present their firstborn son to the Lord, thereby fulfilling the requirements of Jewish law. This was nothing out of the ordinary, but the parents soon realized this would not be business as usual.

An old man named Simeon burst out of the crowd and rushed toward them. The old fellow could barely contain himself. He snatched Jesus from the arms of his mother and launched into a prayer of thanksgiving to God. As he cuddled Jesus, he made incredible prophecies about the future of this baby, who he said would cause the rising and falling of many. Scarcely had Mary gotten her baby back safely in her arms when the family was accosted again; this time by an elderly widow named Anna. The old woman looked Jesus over from head to toe, and she spent the rest of the day praising the beautiful baby to anyone who would listen.

Baby Jesus was a big hit on his first temple appearance, and he returned with his family to Nazareth where he grew up as all children do. How sad that when Jesus came back to the temple 30-odd years later, he was not greeted so warmly. No, the adult Jesus nearly set off a temple riot! When he drove out the money-changers and the animal sellers Jesus made bitter enemies of the religious leaders. From that day, Jesus' foes would not rest until they convinced the Roman governor to take Jesus out of town and hang him on a cross.

Evidently it was much easier to love the baby Jesus than the adult Jesus. The same thing is still true today. We all get a rosy, sentimental feeling when we think of the birth of Jesus. We visualize the scene like a Christmas card painting: the baby Jesus lying in soft hay, cooing and smiling, loving us and demanding nothing from us. Nothing at all. Maybe that's why there are so many Christmas Christians in the world. Christmas Christians never seem to read past the first two chapters in Luke. Christmas Christians are happy to gather around the manger, but they don't want to kneel at the cross.

What was it that old Simeon said about Jesus' destiny? He said that many would rise and fall because of Jesus, that many secret thoughts would be revealed through him. Simeon realized that a new standard of judgment had come into the world, that people would stand or fall depending on their response to Jesus, that hearts would be revealed like open books when people made up their minds about Jesus.

We all love the cooing of the baby, but do we also love the words of Jesus the man? Do we live by those words or ignore them when they become too costly? Had it not been for the things Jesus later said and did, his birth would not have mattered. Luke tells us that Jesus grew up in Galilee. He must grow up in our hearts as well.

Everybody likes babies. I even like baby animals. In fact, one of my favorite creatures in the world is a fuzzy, cuddly kitten. I can't think of anything more soft and warm and disarming than a kitten. But I've never cared for cats. Funny, isn't it? Kittens are lovable, but I'll never own one because kittens grow up to be cats. You can't really have one without the other. Neither can we have the baby Jesus without the crucified and risen Christ. We cannot take a break for Christmas and then live the rest of the year as if it were business as usual. No matter how hard we may try, we cannot claim the babe in his manger without also taking up his cross and following him.

– Faye Neff, excerpted with permission from *The Clergy Journal*.

Quips & Quotes

God's call is mysterious; it comes in the darkness of faith. It is so fine, so subtle, that it is only with the deepest silence within us that we can hear it.

– Carlo Carretto from *Letters from the Desert*

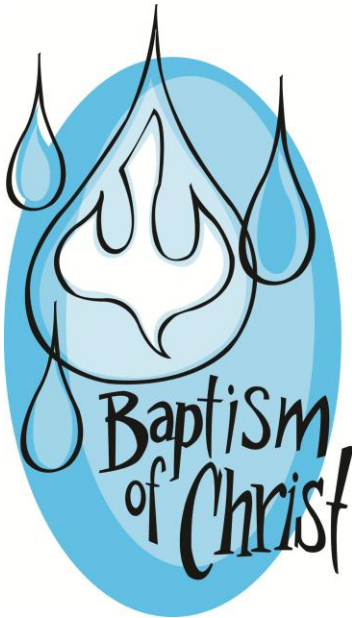
I am cognizant of the interrelatedness of all communities and states . . . Injustice anywhere is a threat to justice everywhere. We are caught in an inescapable network of mutuality, tied in a single garment of destiny. Whatever affects one directly affects all indirectly.

– Martin Luther King Jr. from his "Letter from a Birmingham Jail"

Jesus' example was radical. Over and over he tried to tell people to differentiate between tradition and truth - and he called them to follow the truth, which abolishes prejudice.

– Jill Briscoe

Baptized with Water



The Bible doesn't tell us very much about Jesus as he was growing up. Jesus lived in a town called Nazareth where his father was a carpenter. When Jesus was about 30 years old he felt God calling him to leave the carpentry shop and go into the wilderness where his cousin John was preaching. John had quite a reputation, both for what he said and how he lived. People came from all over to hear John. They called him "John the baptizer" because he invited people to be baptized to show that they were changing the way they lived. Baptism was a way for people to say, "I want to start all over and live the way God wants." The water made them feel new again.

People asked John, "What should we do to show we are following God's way?" John said, "There are lots of ways! Start by sharing. Invite someone to share a meal with you, or if you have more than you need give some of it away. See how good it feels to share what God has given you!"

People started to wonder whether he might be the Messiah, sent by God. But while he was baptizing people, John kept on saying, "Get ready for the one who is coming after me. He is God's chosen one. God has sent me to prepare the way." One day John looked up and saw his cousin Jesus coming to be baptized. He said to the crowd, "Look! Here is the one I told you about – the promised one from God."

Jesus asked John to baptize him too. He wanted to show he was going to live his life for God in a new way. So John baptized Jesus. It was a very special experience that Jesus would never forget. He heard God say, "You are my beloved child." Then he saw a beautiful dove come down from the sky. Jesus knew the dove was God's way of saying, "My Spirit is with you. It will help you teach the people about me." Jesus felt very close to God. He was ready to start his life's work of helping and serving others and following in God's way.

At baptisms today, water is still used as a way for us to sense and feel God's presence with us. Usually when a person is baptized, other people are there with them. Think about a time when you have seen a baptism and recall what happens. During the baptism, promises are made. First, God promises to be with us always; but people make promises too. If a person is baptized as a baby the parents and sponsors promise to bring the baby to worship and teach him or her about the faith. The people in the congregation make promises too; they promise to help that person to learn about God and grow in their faith.

In baptism we learn that God loves us and promises to be with us always. When we remember our baptism we remember that we can be like Jesus, sharing God's love with other people. Our baptism leads to a desire for ministry in God's world.

– Christy Olson, reprinted with permission from *Baptism: Come Join the Circle*.

Live Your Baptism

- * Find out when your “baptism birthday” is or choose a date to celebrate.
 - On that day each year, gather some friends or family to celebrate.
 - Talk about the ways you have grown in your faith and invite others to share their stories too.
- * Light a candle to remember God’s love shining in your life.
- * At Jesus’ baptism, God called him “Beloved.”
 - You too are known by God.
 - Find out what your name means and learn the story of how your name was chosen.



Praying Together

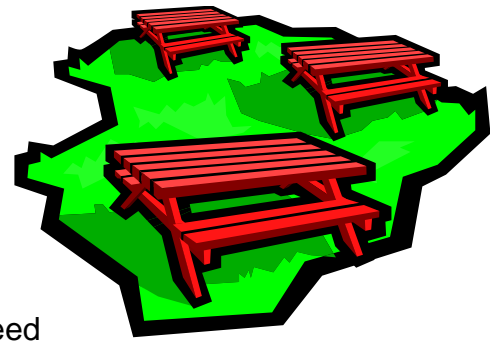
*Life-giving creator,
as we wash our faces,
or fill a glass with water,
or water a plant,
may we remember the love
you pour upon us each day,
wherever we go.
Amen.*

COS "Looking to Spring" Wish List

I am sure that all of you who are here on the mountain have seen all the exterior work that has been completed recently; the addition of the Mary Stotera Memorial Garden, which is also the future site of awesome summer/fall barbeques and programs, music, and just plain fun; clearing up, painting and junk removal in and around the garden tool shed; additional rock gravel on the drives; and a revamped and repaired sprinkler system out front. We are definitely spruced up!!!! The next project is to re-model the interior of Polycarp Hall to better serve our Sunday classroom and fellowship needs. That work will begin soon.

We are already thinking about next spring. The following wish list are items we are looking for to outfit the parish, and keep us spiffy looking:

1. Four each 8' heavy duty formed plastic picnic tables with attached benches. If you donate, I will be happy to pick up at COSCO or Sam's. We already have two fine gas grills!
2. Small garden hand tools like small trowels or forks for weed digging, etc.



3. Rolls of black sheet weed preventer for the front yard. We will rake back the mulch and roll the stuff out, and then put the mulch back. Maybe several layers of that will keep those pesky weeds at bay.
4. Donations towards a truckload of mulch.

And, we always welcome anyone who would like to be a Garden Angel. Maybe we can get together and share pizza and fellowship as well! Stay tuned.

Sharon Dabrymple and Lauren Nowy

January Birthdays

Parish Leadership

Vestry

Dick Hileman
 Michael Iafrato
 Judy Peterson
 Sandra Rasmussen
 Carol Risch
 Brenda Roubal

Vestry clerk – Judy Peterson
 Senior Warden – Sharon Dalrymple
 Junior Warden – Dennis Irwin

Altar Guild	Lauren Novy & Sandra Rasmussen
Budget & Finance	Pastor Susan
Choir	Julie Holtan & Carol Risch
Columbarium Board	Vicki Howell
Hospitality Hour	Electra Brooks
Librarian	Joey Nelson
Organist	Juanita Simpson
Treasurer	Sharon Dalrymple
Assistant Treasurer	Trish Shaffery
Webmaster	Joe Stone

Ministry Team Leaders

Children's & Youth Ministries	Michael & Melody Iafrato
Christian Formation & Community Outreach	Pastor Susan
Office	Lelah Kaufman
Pastoral Care	Marty & Ron LaMar
Welcoming	Heather Steiner
Worship Leader Coordinator	Lynda Klingler

2	Mike Steiner
8	Gail Alwine
8	Beverly Seipp
10	Sherry Herring
11	Heather Steiner
12	Talyn Lunt
12	Hannah Brown
13	Carol Anton
13	Carol Justice
15	Fred Gottschalk
15	Robert Cunningham
16	Brenda Roubal
19	Carol Risch
22	Susan Wilmot
30	Anna Lee Napier
31	Roy Sauve

Celebrate!

2	Ron & Marty LaMar
23	Jerry & Vicki Howell

Our Partner In Ministry: Faith Works

Mission Trip registrations are now being accepted for two mission trips with Faith Works. One is the January 14th mission trip to Casa Grande. Another is the Medical Mission trip to Tanzania scheduled for June 28th through July 13th, 2012. The remaining mission trip schedule is on the bulletin board in Polycarp Hall. Please contact Jerry Howell if you have any questions.

Church of Our Saviour
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Lakeside, Arizona 85929

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See it in color! The newsletter is available in COLOR on our website: www.thechurchofoursaviour.org

Bread of Life Mission

All donations for the bread of life mission in Holbrook are gratefully received. Please place new clothing items, shower sandals, paper products, personal hygiene items, non-perishable food items, office products, and all other gifts into the box in Polycarp Hall. We'll make sure that it is delivered to the Mission!

COS Community Chest

COS community chest offers assistance to individuals and families who lose everything or need to start over for whatever reason. Last month we donated a bed and chest of drawers to a family who needed them. Your help makes a difference! Thanks for your generosity.

Book of Timothy

