

Our Saviour's Voice

Q.E.D?

What do particle theory, wave theory, electromagnetic theory, $E=mc^2$ otherwise known as the special theory of relativity, quantum theory, and quantum electrodynamics (or QED) all have in common? As I am confident you all know or remember from school, the common factor is light. Well, I think that might be enough physics for now! Of course, the God-incidence around light is at least two-fold: for most of February, we are still celebrating Epiphany, the season of light, and in the Gospels, Jesus tells us that He is the Light of the world, and that we too are children of Light.

As soon as I saw the abbreviation QED for quantum electrodynamics, I couldn't help but think about that other Q.E.D. so I looked it up on that most informative of websites, Wikipedia, and here's what it says:

“Q.E.D. is an abbreviation of the [Latin phrase](#) "**quod erat demonstrandum**" which means literally, "that which was to be demonstrated". The phrase is written in its abbreviated form at the end of a [mathematical proof](#) or [philosophical argument](#), to signify that the last statement deduced was the one to be demonstrated, so the proof is complete.”

Establishing truths by logical deduction is clearly part of who we are as rational human beings, made in God's image. But what about our spiritual lives? Where is the rational or scientific proof that Jesus is who He claims to be or that He still lives? How do you prove faith, love, God's peace or joy by acceptable scientific means?

This is by no means a question to be taken lightly, if you'll pardon the pun. Our Lord Jesus commissioned each of His followers to, “Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.” (Matthew 28:19-20). How many of us would do any of that if we did not believe that Jesus was the Son of God, the Messiah, or the Savior of the world? So how do we prove we are followers of Jesus, when our faith lives in our hearts, and all we can do to prove it is to speak it and live it? Is it in how we live our lives, shining God's light in the world that proves we are disciples of Jesus? Is it in how we treat one another, care about others, and serve one another that proves we are filled with the love of God? Is it in gathering together as a community to praise God that we prove our faith in all things unseen?

Faith, love, joy, peace, and all the gifts of the Spirit are passed from God's hands to open and willing hearts. We know these gifts by our experience as we grow in our faith and love of the Lord. The Light of the world, Jesus Christ our Saviour, is also God's gift to bring the whole world from the shadow of darkness to the light of God's grace. The mystery and complexity of light, its properties, its beauty, and its effects truly reflect the mystery of God's Light in the lives of His followers. The light of God in each disciple helps us to reflect God's properties of love and mercy among others; to honor God's beautiful creation as His stewards, and to respect God's beauty in all God's children; and also, to grow ever towards the light that is Jesus, following His example by glorifying God.

May God bless you as you enjoy this season of light, and may the light of God's love shine in us and through us, guiding our path and drawing others to Christ, our Lord.

Q.E.D?

Susan⁺

Your Treasurer's Treasures

By now you will all know that I have retired as your Treasurer and Allen lampaglia is your new Treasurer. Please give him all the support he will need, you have all been very supportive of my efforts and needs. Carry on the great work.

During the past four years our Parish has seen its financial position improve significantly, due entirely to your tremendous efforts. Over the years I have spoken about the need to row the boat in unison, which you have done. I have also spoken of the need to pull together to overcome tremendous odds, as with the Egyptians erecting the Obelisk, this you have achieved. The Good Lord has truly smiled upon our Parish.

The Annual Meeting approved the Budget for 2009, the amount of the projected deficit is a little over \$6,000. This represents about 4% of the estimated expenditures, which is within the normal estimating accuracy. The total Pledged for 2009 is a little over \$100,000, a wonderful effort and commitment. There are still a few who pledged in 2008 and have yet to do so for 2009. Please let Allen have your pledge for this year and bring a smile to his face!!

All in all this could be a very difficult year with the economy as bad as it is. Several of our members and friends may be seeking employment while others may be on reduced hours and income. For our retired members most of the IRAs will have dropped in value which together with increased costs could well bring hardship to many. Please always remember that the Pledge is your BEST estimate of your

contributions for the year; changed circumstances could result in a change in your actual offerings.

If you wish to have your offerings and all other contributions recorded for tax purposes please ensure that you effect your payments using a check or, if you pay using cash, please put your name on the envelope so that the computer data can correctly record such offerings.



In signing off and handing over to Allen I will reiterate that it has been a privilege to serve our Parish as your Treasurer. Emails addressed to cos5147treas@frontiernet.net will be accessed by Allen. If you need to reach me then petercam53@frontiernet.net will reach me.

Peter G Bish, Treasurer "Emeritus"

Indian Pathway Tours

On behalf of the Native American Committee of the Diocese of Arizona, ManyWaters, formerly Window on the First Peoples Tour will be hosting a tour April 16th – 19th. For more information, see the brochures in Polycarp Hall, or access the tour online at www.manywaters.net



Men's Group!

The Men's group will be meeting Saturday, February 7th, 9:00 a.m. at Darby's Café in Pinetop. This is an important meeting to attend.



Fat Tuesday

Shrove Tuesday pancake supper will be Tuesday, Feb. 24 from 5:30 to 7:00 P.M. in Polycarp Hall.

Worship Leaders Needed

Come be a part of the Worship Service by joining the Worship Leaders Team. Lay Readers, Chalice Bearer's and Acolytes are needed for both the eight o'clock and ten o'clock services. If you are interested in serving in this way, please see Lynda Klingler after service or contact Mary Rose in the office at 537-7830.



Adult Bible Study

Adult Bible Study is held between the 8:00 AM and 10:00 AM Sunday services. The group is studying the Book of Matthew. Please come and join us!

Our Mailing Address Has Changed!

Please note that our mailing address has changed to 5147 Show Low Lake Road, Lakeside, AZ 85929. We are no longer receiving mail at the post office box.



Emergency Contacts

In an effort to serve you, our church members better, we are compiling a list of 'emergency contacts' should an event ever arise that we need to reach someone for you in an emergency. Please call us at 537-7830 with your information or email Mary Rose at the office (cos5147office@frontiernet.net) with Emergency Contact in the subject line. Thank You! ☺

Lenten Bible Study

Beginning Sunday, March 1st through March 29th after the 10am service we will start our study of the prophet Hosea. The Book of Hosea has many difficult images and strange commandments apparently from God. What is Hosea's message and to whom is it directed then and now? Who is Gomer? How do we reconcile the violence in Hosea, especially directed against women, with a loving, compassionate God of mercy? Does Hosea have any message of hope? What does Hosea say to us today? Where is God's redemption in this prophetic message? There are no easy answers! Please come and share your thoughts on some of the most difficult passages in the Bible, as we walk together through our Lenten journey.

Susan+

Stewardship In Feast and Famine

What does Lent mean for you? Some people take on the discipline of service, giving of their time during Lent to serve the community in a new way, along with other gifts of sharing God's love. Some of us take on the discipline of fasting or giving up something for Lent. Either way, it is all about how we think of ourselves as stewards of the Word. In other words, all our spiritual disciplines during the Lenten period of repentance and self-reflection flow from the intentions of our hearts. What we do comes from a desire to honor God, deepen our faith, and practice more of God's graciousness in our lives. What we become and continue to become through the spiritual disciplines, whenever we choose to practice them, are more faithful disciples of Jesus our Lord.

A few copies of **The Episcopal Church Year Calendar** are still available if you missed getting your copy, it's not too late! Pick up your copy today in the church office!

Please send your submissions for the March newsletter to Ron LaMar by February 25th
rlamar@cablone.net

Holy Eucharist

Do you get run down, sad or just stressed as the week progresses? Why not join us at the Wednesday night Holy Eucharist, Prayer and Healing Service here at COS. This intimate time of worship and fellowship helps give you that extra boost you need to face the rest of the week and the challenges it holds. Perhaps you are sick in body, mind or spirit – if so attend the Wednesday evening service and receive anointing and prayers for healing. Service starts at 5:30 pm and lasts roughly an hour. You will be home in time for dinner! Enjoy a mid-week refresher. All are welcome!

Church of Our Saviour Cook Book

Please remember to share your recipes for the best over COS cook book! Recipes can be mailed or dropped off in the basket in Polycarp Hall. For more information, write or call Heather at 928-532-1508 or steinerhm@aol.com.



Policy for Protection of Children and Youth from Abuse

Vestry adopted Policy for Protection of Children and Youth from Abuse 12/14/2008. A complete copy is available in the church office and the library.

FROM THE LIBRARY

Greetings from your Library! Your librarian has recently started in-putting the over 700 books on the computer. I only have 12 books done, so you can see it will be awhile before the entire collection is completed. This is what they call ' job security '!! I want to highlight a couple books.

IN THE PRESENCE OF MY ENEMIES

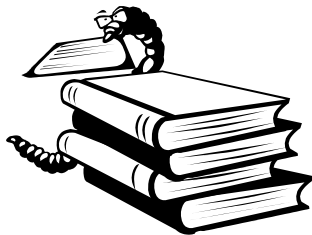
An account of the kidnapping of American missionaries and what they went through for a year and also their faith in God.

THE LAST LECTURE, by Randy Pausch

The author was diagnosed with terminal cancer. However his last lecture wasn't about dying, but living.

And don't forget about reading **THE SHACK**. This is the type of book I would like to have a gathering of interested people and have a review and discussion. If interested see Joey in the library.

See you in the library. Joey-librarian



Parish By-Laws

The Parish By-laws have been amended. Copies are available in the office and by request.

SUPPORTING OUR TROOPS



During 2008 Mary Jane and I, with assistance from several Parishioners, mailed 52 of the Large Flat Rate boxes, to the main hospital in Iraq and to the Medevac units in Afghanistan. The boxes were filled with home baked Cakes and Cookies as well as bought candy, cookies, Jerky etc. Each box weighed about 14 pounds!!

These were mostly addressed to the Chaplains who effected the distributions and commented that the treats really brought smiles of delight to the patient's faces. You have truly made a difference to them. By the way, in the main Iraq hospital there are usually over 100 patients at any one time.

It is planned to continue this Ministry during this year with a target of over 60 boxes. If you enjoy baking please let me have the items at church. You can reach us at petercam53@frontiernet.net if you have questions etc.

A card is included within every box together with a listing of all those who have contributed.

Thank you for your support.

The Story of St. Valentine



In 270 A.D., marriage had been outlawed by the emperor of Rome, Claudius II. Claudius issued this decree because he thought that married men made bad soldiers since they were reluctant to be torn away from their families in the case of war. Claudius had also outlawed Christianity in this time period because he wished to be praised as the one supreme god, the Emperor of Rome. Valentine was the bishop of Interamna during this period of oppression. Valentine thought that the decrees of Rome were wrong. He believed that people should be free to love God and to marry. Valentine invited the young couples of the area to come to him. When they came, Valentine secretly performed services of matrimony and united the couples.

Valentine was eventually caught and was brought before the emperor. The emperor saw that Valentine had conviction and drive that was unsurpassed among his men. Claudius tried and tried to persuade Valentine to leave Christianity, serve the Roman empire and the Roman gods. In

exchange, Claudius would pardon him and make him one of his allies. St. Valentine held to his faith and did not renounce Christ. Because of this, the emperor sentenced him to a three-part execution. First, Valentine would be beaten, then stoned, and then finally, decapitated. Valentine died on February 14th, 270 A.D.

While in prison, waiting for his sentence to be carried out, Valentine fell in love with the jailer's daughter, the blind Asterius. During the course of Valentine's prison stay, a miracle occurred and Asterius regained her sight. Valentine sent her a final farewell note. He signed his last note, "From Your Valentine." Even today, this message remains as the motto for our Valentine's Day celebrations.



Don't forget Good Search and Good Shop?

Raise money for The Church of Our Saviour every time you search at www.goodsearch.com. You can increase your giving by using Good Search and Good Shop. Happy Surfing!



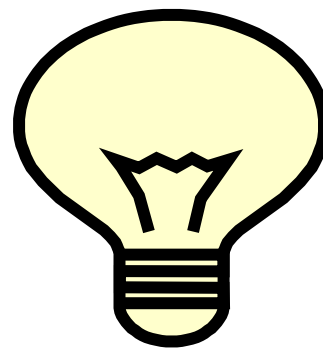
February Outreach Calendar from
www.betterworldcalendar.com

February 1 is National Freedom Day.

Freedom is the most basic of all human rights, and yet throughout history many individuals and nations have had to struggle to be free. For this reason, the first ten Amendments, known as the Bill of Rights, were added to the American Constitution to guarantee basic freedoms for our new nation's citizens. The Bill of Rights was a tremendous milestone in the pursuit of freedom for all, and yet when our nation was founded, not all Americans were allowed to be free. Slavery is the ultimate loss of freedom, and it was nearly another 100 years before Abraham Lincoln signed the 13th Amendment abolishing slavery. **National Freedom Day** commemorates this momentous occasion on February 1, 1865. Freedom Day is an opportunity to celebrate the victories for freedom that have been won and to re-dedicate our commitment to work for freedom for all.

February 27 is Perseverance Day.

Most of the achievements and victories for a better world that have been won by individuals, nations and movements have come after long periods of dedication, hard work and struggle. Perseverance Day, on February 27, is an opportunity to commemorate the important victories for a more peaceful, just and sustainable world that have been won, despite the odds and the hardships that brave, courageous better world heroes have had to endure. Perseverance Day is also a time to remind ourselves to follow our dreams of a better world, and to keep on trying, even when there seems to be little hope, because it is the right thing to do. We may never know how the seeds of kindness that we plant may help others on their journey, today, or even sometime far in the future. But every act of compassion makes a difference!



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*Many of life's failures are  
people who did not realize how  
close they were to success  
when they gave up.*

*Thomas Edison*

Church of Our Saviour  
5147 Show Low Lake Road  
Lakeside, Arizona 85929

**NON PROFIT**  
**U.S. POSTAGE PAID**  
**SHOW LOW, ARIZONA**  
**PERMIT # 14**

FORWARDING SERVICE REQUESTED

**FEBRUARY BIRTHDAYS**

6 *Frank Armanno*  
6 *Jim Fugate*  
7 *Allen Iampaglia*  
8 *Susan Wright*  
9 *Chuck Hinman*  
11 *Corey Lunt*  
12 *Vicki Howell*  
13 *Ryland Shaffery*  
15 *Wallace Buelow*  
16 *Nan Hannan*  
18 *Evelyn Suave*  
22 *Barbara Stone*  
22 *Warren Tyrrell*  
25 *Phillip Greenman*  
26 *Mary Jane Ater*

**FEBRUARY ANNIVERSARIES**

8 *Craig & Ann Stone*  
12 *John & Joey Nelson*  
14 *Richard & Susan Hileman*  
28 *Jack & Martha Moore*

**Happy Birthday!!!**

